

SUMMER IS HERE!

Remember to document school out for school-age children if you are claiming them for AM Snack or Lunch each day during summer break.

- If you use the scan (bubble) claim forms, document the dates, child number and names of the children for school out each month on the Claim Information Sheet that you submit with your monthly claim.
- If you claim online document using the “Sch Out” box when claiming the school age child or you can use the Manage Child Calendar to document several days.
- Please remember to call the office, in advance if you will be away from your day care home during your scheduled meal times, or when you will be temporarily closed (vacation, sick, day off, etc.)

READY TO EAT COLD CEREALS

Please review “Allowable Cereals” page in your Child Care Food Program Handbook on page 26. Occasionally you may find a cereal that may sound nutritious, but it may have too many grams of sugar and end up not being a reimbursable cereal. **The very important message here is that you must always read the Nutrition Facts label on any product you buy, whether buying for the first time or one that you have always bought, as the ingredients, serving size, etc. can always change.**

There are now two different **Honey Bunches of Oats** on the shelf at the grocery store. Both cereal boxes look similar (marketing ploy) ; however one has too many grams of sugar and is not reimbursable.

- **Honey Bunches of Oats, Crunch Honey Roasted** is allowable with 6 grams of sugar.
- New **Honey Bunches of Oats, Whole Grain Honey Crunch** has 12 grams(12g) of sugar. Although the words “Whole Grain” makes it sound more nutritious, the grams of sugar have doubled; making it much higher in sugar and not reimbursable.

Check List for allowable ready to eat cereals

1. ALWAYS Look at the Nutrition Facts label every time you purchase a cereal
2. Cereals must be made with enriched flours; whole grains or fortified
3. Cereals must have 7 grams (7g) or less of sugar (look for Sugars on the Nutrition Facts label)
4. Cereals containing **NutraSweet, Splenda**, etc. are not reimbursable

May 2015 reimbursement check will be mailed in July 2015*

June 2015 reimbursement check will be mailed in August 2015*

July 2015 reimbursement check will be mailed in September 2015*

*Checks are mailed when we receive the funds from the California Department of Education