

## 2018 STATE REVIEW FINDINGS

We would like to thank all of the Providers who participated in our 2018 State Review, we appreciate the welcome you gave the State Reviewer. We also appreciate that you participate in the Child & Adult Care Food Program; it shows your commitment to provide nutritious meals to the children in your care, to help them be the best they can be.

There were three findings that the State Reviewer would like all our providers to receive additional training on. This UPDATE is our first training with you on those findings. We will also go over the three findings when we see you at your next site review and the three findings will be included in your Annual Provider Training in October 2018. Here are the three regulations that all providers must follow:

## MINIMUM PORTION REQUIREMENTS

If you are not serving family style, you must put the required minimum portion amounts on each child's plate. All foods that are a part of the meal, including milk (for breakfast, snacks, lunch or dinner) or juice if served at snack, are to be given to the child at the same time. The Provider cannot hold back any food item that is part of the meal, for any reason.

All Providers should have their New Meal Pattern for Older Child and Infants easily available for reference near their food preparation area to make sure they are serving the correct amounts (per child's age) for the children at the meal. One suggestion that may be helpful for Providers and Assistants/Helpers, is to attach the New Meal Pattern For Older Children and Infants to the inside of a cabinet in your kitchen.

## CN LABELS FOR FISH STICKS AND CHICKEN NUGGETS

Providers who serve CN labeled foods, such as fish sticks and chicken nuggets, are required to have the original CN labeled package available to show their Field Representative (or a State Reviewer) at every Site Review. Not having the CN label, to verify the food you served has a CN label, will result in loss of reimbursement for those meals claimed during the month seen. Many Providers clean the package when empty, place it in a zip lock bag, and have it in their red folder for their Field Representative. The CN label package will need to be replaced each time you open a new package.

## CORRECT PORTION SIZES FOR TURKEY HAM

Turkey Ham (which is cured Turkey Thigh Meat) is allowed as a Meat/Meat Alternate when you serve it as part of a CACFP meal. However the amount you must serve is different than other meats because there is water added to the turkey meat to make it into turkey ham. During our 2018 State Review, sliced Turkey Ham was served to the children at one Provider's home. Many Providers are claiming Turkey Ham as a Meat/Meat Alternate. Determining how much Turkey Ham you must serve for the correct portion size for the age of the children can be confusing. According to The USDA Food Buying Guide a pound of Turkey Ham, fully cooked, chilled or frozen equals 7.46 servings for 1 ½ oz. cooked turkey ham. Turkey Ham ratio is 71.4% meat. ***Correct Portions Sizes for Turkey Ham and Purchasing Turkey Ham continued on the back. . .***

July 2018 reimbursement checks will be mailed in September 2018\*

August 2018 reimbursement checks will be mailed in October 2018\*

\*Checks are mailed within 5 Business days of receiving the funds

Checks for late claims are mailed when within 5 Business days of receiving the late run funds

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The serving size of Turkey Ham for each age group is:

- 1.4 oz. serving provides 1 oz. cooked Turkey Ham for children 1-2 years for lunch or dinner
- 2.1 oz. serving provides 1 ½ oz. cooked Turkey Ham for children 3-5 years for lunch or dinner
- 2.8 oz. serving provides 2 oz. cooked Turkey Ham for children 6 years and older for lunch or dinner
- .70 oz. serving provides ½ oz. cooked Turkey Ham for children 1-5 years for snack

### **Purchasing Turkey Ham**

If you are purchasing Turkey Ham that you slice yourself, you must use a food scale to weigh the slices you cut, to be sure you are serving the required amount for each child's age group. If one slice weighs 2.1 oz. then it is the correct amount to equal 1 ½ oz. meat requirement, which is what is required for one child age 3-5 years for lunch or dinner (see above for serving sizes and amounts for other ages).

If you are purchasing sliced Turkey Ham, you must divide the ounces of Turkey Ham in the package by the amount of slices in the package to see what one slice is in ounces. Then you would multiply the ounces in one slice by .714 (the ratio of meat in the Turkey Ham). *(We know... at this point you are probably thinking, "I'm not going to buy or serve Turkey Ham!")*

Example:

Premium Choice Turkey Ham (found at Costco)

20 oz. in one package/ 18 slices

20 oz. divided by 18 slices = 1.1 oz.

1 sliced of Turkey Ham = 1.1 oz.

1.1 oz. times .714 ratio = .78 oz. meat

If you are purchasing a 20 oz. package of sliced Turkey Ham that has 18 slices the amounts required are:

1–2 years old will need      1 ½ slices Turkey Ham = 1.17 oz. meat on a ½ slice of bread

3- 5 years old will need      2    slices Turkey Ham = 1.56 oz. meat on a ½ slice of bread

6 -12 years old will need      2 ¾ slices Turkey Ham = 2.14 oz. meat on 1 slice of bread

If you are serving a Turkey Ham and cheese sandwich, the cheese also counts toward the meat/meat alternate requirement. You will need to check the cheese package for ounce per slice equivalent.

**Please note:** The amount of Turkey Ham and cheese served on a sandwich using the correct bread requirement may be too big or thick for a small child to bite into, or could become a choking hazard. You can always serve the cheese slices on the plate instead of inside the sandwich. Or you can serve the meat and cheese, cut up and on the plate, and serve the bread or bread alternate by itself.

**Best practice** is to use only the required bread amount for a sandwich for the children. Serving too much of one requirement, such as bread, may prevent a child from eating the other required meal components. They may be too full to eat other foods, so the meal that is eaten is not as nutritious as the meal you planned based on the meal patterns.

Please call the office if you have any questions on turkey ham required portion sizes. We want all your meals to meet CACFP meal pattern requirements, so that the children, you care for, have all the nutrition they need to grow and thrive.